

Amarillo Area Outside Counseling Resources

Barton Behavioral Health Solutions, PLLC

1901 Medi-Park Dr., Suite 219

418-2283 <http://www.bartoncbt.com/>

Joe Barton does assessments for ADHD, learning disorders, mood and anxiety disorders and others. He also does group, individual, and family counseling.

Crisis Line (Family Support Services)

374-5433

This is a number families can call to get referral information or talk to someone about direction needed for problems.

Crossroads

800-537-2585 or 354-1810 (sponsored by the Pavilion at NPTH)

Treats the adolescents and children who suffer from depression, suicidal feelings, or misbehaving in a self-destructive manner.

Family Support Services

342-2500 <http://www.fss-ama.org/>

This is a center that provides education, child care, and counseling services and groups to families on a sliding scale. They have licensed counselors that help with anger management, domestic violence, marital relationships, divorce, abuse, marriage problems, etc. (24 hr. crisis line is 374-5433)

Fox Counseling Services

3321 Bell, Suite K

355-9925

(ages 5 and older) Individual, group, and family counseling for addiction and other personal issues; insurance and Medicaid accepted. Also, will conduct a 3 to 6 hour workshop on "Parent Alcoholism and School Performance" for a fee.

Healing Hearts Counseling Services

Julie Dalton Rose, MA LPC NCC

806-670-4274

719 S. Austin

Amarillo, Texas 79106

healingheartsjdr@yahoo.com

Children, Teens, Family Issues

Experience with developmental delays and chronic illnesses

Individual/Group Parenting classes available

Experience with Military Family Issues

Experience with Foster/Adoption- Individual and Family Counseling

Medicaid/Insurance Accepted

Heart to Heart In-Home Counseling

Diane O. Broady MA

467-9813

Works with families and teens to heal from past abuse and learn effective behaviors to function in a healthy lifestyle. Sliding scale.

NAMI - Family to family (National Alliance on Mental Illness)

Call Angela at 806-354-9050 or Margie at 806-678-7385

THIS IS FOR FAMILY MEMBERS AND CAREGIVERS ONLY

Thursday, March 29- June 14, 2012

VA Hospital

6010 West Amarillo Blvd

Columbia Conference Room 2012, Second floor

6-8:30pm

This is a free series of 12 weekly classes structured to help caregivers understand and support individuals with serious mental illness while maintaining their own well being. The course is taught by a team of trained NAMI family member volunteers who know what it's like to have a loved one struggling with one of these brain disorders.

MENTAL HEALTH COUNSELORS

Cathy Burns, LPC 374-5950

D'Ann Black, LPC 331-5738

LeAnn Sorrels 352-5660

Tricia Bradford 355-7755

LeeAnn Lefevre 352-5752

New Hope Resources

Wib Newton

6900 I-40 West, Suite 295

355-4673

Pavilion

Northwest Texas Hospital

354-1810 <http://www.nwtexashealthcare.com/Hospital-Services/The-Pavilion>

Services for adults, older adults, adolescents, and children. They assist with serious & persistent illnesses, substance abuse, mood disorders, depression, bipolar disorders, schizophrenia, etc. They also provide after care services. Medicaid, CHIP and most insurance. Walk in between 8am and 7pm. No one will be turned away. If it is an emergency, you can be admitted through the emergency room at NWTX.

Child/Adolescent Partial Program

Available for school aged children.

1. 8:30am -3:00pm for Children ages 6-12
2. 8:30am- 3:30pm for Adolescents ages 13-17.
3. Lasts approximately 2 weeks.
4. Students given time during day to work on school assignments.
5. Treatment for psychiatric problems and/or substance abuse issues.
6. Treatment consists of, psychiatrists visits with medication if/when needed, one Family Therapy Meeting each week, daily Psycho-educational groups, Psychotherapy groups, Substance Abuse Groups, Spirituality groups. All facilitated by trained and licensed professionals.
7. Medicaid and most insurance cover costs of this program.

Pavilion ACCESS -

Crisis line 354-1810 Counselors are on call 24 hours a day to answer the phone to professionals and parents that have mental health concerns. This counselor will listen, take information and make referral information regarding the concerned person.

Samaritan Counseling Center

353-1669 or 800-318-1725 <http://www.spcca.org/>

This is a faith-based organization that offers counseling, groups and support to families. They work on a sliding scale and take most types of insurance. They have licensed counselors that will work with anger, divorce, marriage and family problems, stress related problems, etc. The center also offers educational programs for civic and church groups to help individuals and families cope effectively with life challenges. They also conduct training programs and clinical supervision for mental health professionals. The inter-denominational Pastoral Counseling Service offers a team of trained and experienced

professional counselors qualified to assess problems, explore solutions, and offer a framework for personal and spiritual growth. Central office is open Monday - Thursday from 8am-5pm. Offices in Dumas and Pampa. Some appointments available in the evening.

STAR Program (TPMHMR)

354-2191

This is a program available for students ages 7-17 who need outside counseling. No CPS open file and no criminal record on children. They take at-risk students. Youth would be ineligible for STAR services if the family has an open CPS case that is currently in the investigation stage.

STAR Program Client Eligibility:

"Runaway Youth" - youth who has left home without parental permission or who has no identifiable residence.

"Truant Youth" - A youth who has been voluntarily absent from school for reasons other than those accepted by the school where he/she is or should be enrolled.

"Family Conflict" - Families with a least one child under the age of 18 who are experiencing conflict with that child.

"Delinquent Youth" - A child 9 years or younger who has allegedly been involved in or actually committed a delinquent offense.

"Delinquent Youth" aged 10-16 - Youth who has allegedly committed a misdemeanor offense or state jail felony offense but has not been adjudicated delinquent by the court.

Suicide & Crisis Line

359-6699

This can be a number to talk to someone (24 hours) or to get referral information for other places/situations. They offer a wide variety of services in addition to referral and assessment, which

include stress management classes for adolescents, substance abuse/suicide prevention and community education.

Suicide Prevention Resource Center Best Practices Registry

1-800-273-TALK (8255) suicidepreventionlifeline.org

The purpose of the Best Practices Registry (BPR) is to identify, review, and disseminate information about best practices that address specific objectives of the National Strategy for Suicide Prevention. The BPR is a collaborative project of the Suicide Prevention Resource Center (SPRC) and the American Foundation for Suicide Prevention (AFSP). It is funded by the Substance Abuse and Mental Health Services Administration (SAMHSA).

TPMHMR

Initial assessment in children: 337-1000

Children and adults: 354-2191

This place will provide assessments to both children and adults. Based on the outcome, services will be provided there or they will contract services out. They can be medical or mental health needs. They work on a sliding scale.

Jami Wilmarth, MA, LPC www.jamiwilmarth.com

Licensed Professional Counselor specializing in working with adolescents with various problems, including conduct disorders, eating disorders, depression and anxiety.

Veteran's Counseling

Bill Santer, MA, LMFT

Dept. of Veteran Affairs

3414 Olsen Blvd., Suite E

354-9779

PRIVATE COUNSELORS WHO TAKE MEDICAID AND SPECIALIZE IN CHILDREN

Stacy Sandorkey, LPC

681-8686

4300 Teckla A-12 Also accepts CHIPS

Betsy Goen, M.Ed., LPC

674-0073

6900 I-40 West. Suite 190A

LeAnn Sorrels 352-5660

6666 W. Amarillo Blvd.

Tricia Trimble, M.Ed., LPC, CTS

376-4030

Hope and Healing Place

1721 S. Tyler

Sandy Watson, M.Ed., LPC

350-7647

3012 SW 26th, Suite 200

LeeAnn Lefevre, MA, LPC

352-5752

3131 Bell, Suite 100A

Leta Acker and Associates

468-8900

912 Clyde

Family Support Service

342-2517

1001 S. Polk

Kleinpeter and Associates

352-5542

3611 S. Soncy Road #2A

Texas Panhandle Centers

349-5674

1500 S. Taylor

Troy Timmons

379-8282

7460 Golden Pond Place # 100

Jennings Counseling Services

356-9047

7470 Golden Pond Place #300

Cecelia Kern

626-6991

3012 W. 26th #700

